

# JANUARY 2019

## Monthly Schedule for Mobile Community Health Centre (CHC)



| Monday                     | Tuesday                      | Wednesday                 | Thursday                          | Friday                          | Saturday | Sunday |
|----------------------------|------------------------------|---------------------------|-----------------------------------|---------------------------------|----------|--------|
|                            | 1<br>New Year's Day          | 2<br>FD: GEYLANG WEST CC  | 3<br>FD: BISHAN CC                | 4<br>FD: HONG KAH NTH CC        | 5        | 6      |
| 7<br>FD: BUKIT BATOK CC    | 8<br>FD: WOODLANDS CC        | 9<br>FD: PRIVATE BOOKING  | 10<br>FD: SERANGOON CC            | 11<br>FD: TOA PAYOH CTR CC      | 12       | 13     |
| 14<br>FD: KOVAN HUB        | 15<br>FD: SENJA-CASHEW CC    | 16<br>FD: BISHAN NTH CC   | 17<br>FD: PAYA LEBAR WELLNESS CTR | 18<br>FD: ANCHORVALE CC         | 19       | 20     |
| 21<br>FD: WHAMPOA CC       | 22<br>FD: PUNGGOL CC         | 23<br>FD: PRIVATE BOOKING | 24<br>FD: MACPHERSON CC           | 25<br>FD: SREE NARAYANA MISSION | 26       | 27     |
| 28<br>FD: GEK POH VILLE CC | 29<br>FD: PASIR RIS ELIAS CC | 30                        | 31                                |                                 |          |        |

**For appointment: 9088 5562**  
**For feedback and enquiries: 6496 6633**  
[chc@nhg.com.sg](mailto:chc@nhg.com.sg)

NHGD reserves the right to change the above schedule without prior notice.

**Operating Hours:**  
 Mondays to Fridays:  
 - 9am – 5pm  
 - Close for lunch from 12pm-1pm  
 Closed on Saturdays, Sundays & Public Holidays

**AM:** 9am – 11.40pm (last appt)  
**PM:** 2pm – 4.40pm (last appt)  
**FD:** 9am – 4.40pm (last appt)



Location info  
<http://bit.do/NhgdCHC>

# FEBRUARY 2019

## Monthly Schedule for Mobile Community Health Centre (CHC)



| Monday                     | Tuesday                                   | Wednesday   | Thursday                          | Friday                          | Saturday | Sunday |
|----------------------------|---|---|-----------------------------------|---------------------------------|----------|--------|
|                            |   |   |                                   | 1<br>FD: HONG KAH NTH CC        | 2        | 3      |
| 4<br>FD: BUKIT BATOK CC    | 5<br>Chinese New Year<br>FD: WOODLANDS CC | 6<br>2nd day of Chinese New Year<br>FD: GEYLANG WEST CC | 7<br>FD: BISHAN CC                | 8<br>FD: TOA PAYOH CTR CC       | 9        | 10     |
| 11<br>FD: KOVAN HUB        | 12<br>FD: SENJA-CASHEW CC                 | 13  | 14<br>FD: SERANGOON CC            | 15<br>FD: ANCHORVALE CC         | 16       | 17     |
| 18<br>FD: WHAMPOA CC       | 19<br>FD: PUNGGOL CC                      | 20<br>FD: PRIVATE BOOKING                               | 21<br>FD: PAYA LEBAR WELLNESS CTR | 22<br>FD: SREE NARAYANA MISSION | 23       | 24     |
| 25<br>FD: GEK POH VILLE CC | 26<br>FD: PASIR RIS ELIAS CC              | 27<br>FD: BISHAN NTH CC<br>FD: PRIVATE BOOKING          | 28<br>FD: MACPHERSON CC           |                                 |          |        |

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Closed on Saturdays, Sundays & Public Holidays

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**PM:** 2pm – 4.40pm (last appt)

**FD:** 9am – 4.40pm (last appt)



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# March 2019

## Monthly Schedule for Mobile Community Health Centre (CHC)



| Monday                     | Tuesday                      | Wednesday                 | Thursday                          | Friday   | Saturday | Sunday |
|----------------------------|------------------------------|---------------------------|-----------------------------------|--|----------|--------|
|                            |                              |                           |                                   | 1<br>FD: HONG KAH NTH CC                       | 2        | 3      |
| 4<br>FD: BUKIT BATOK CC    | 5<br>FD: WOODLANDS CC        | 6<br>FD: PRIVATE BOOKING  | 7<br>FD: BISHAN CC                | 8<br>FD: TOA PAYOH CTR CC                      | 9        | 10     |
| 11<br>FD: KOVAN HUB        | 12<br>FD: SENJA-CASHEW CC    | 13<br>FD: GEYLANG WEST CC | 14<br>FD: SERANGOON CC            | 15<br>FD: PRIVATE BOOKING<br>FD: ANCHORVALE CC | 16       | 17     |
| 18<br>FD: WHAMPOA CC       | 19<br>FD: PUNGGOL CC         | 20<br>FD: PRIVATE BOOKING | 21<br>FD: PAYA LEBAR WELLNESS CTR | 22<br>FD: SREE NARAYANA MISSION                | 23       | 24     |
| 25<br>FD: GEK POH VILLE CC | 26<br>FD: PASIR RIS ELIAS CC | 27<br>FD: BISHAN NTH CC   | 28<br>FD: MACPHERSON CC           | 29   | 30       | 31     |

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Mondays to Fridays:

- 9am – 5pm

- Close for lunch from 12pm-1pm

Closed on Saturdays, Sundays & Public Holidays

**AM:** 9am – 11.40pm (last appt)

**PM:** 2pm – 4.40pm (last appt)

**FD:** 9am – 4.40pm (last appt)



Location info

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# APRIL 2019

## Monthly Schedule for Mobile Community Health Centre (CHC)



| Monday                     | Tuesday                      | Wednesday                 | Thursday                             | Friday  | Saturday | Sunday |
|----------------------------|------------------------------|---------------------------|--------------------------------------|---|----------|--------|
| 1<br>FD: BUKIT BATOK CC    | 2<br>FD: WOODLANDS CC        | 3<br>FD: PRIVATE BOOKING  | 4<br>FD: BISHAN CC                   | 5<br>FD: HONG KAH NTH CC                          | 6        | 7      |
| 8<br>FD: KOVAN HUB         | 9<br>FD: SENJA-CASHEW CC     | 10<br>FD: GEYLANG WEST CC | 11<br>FD: SERANGOON CC               | 12<br>FD: TOA PAYOH CTR CC                        | 13       | 14     |
| 15<br>FD: WHAMPOA CC       | 16<br>FD: PUNGGOL CC         | 17<br>FD: PRIVATE BOOKING | 18<br>FD: PAYA LEBAR<br>WELLNESS CTR | 19<br><b>Good Friday</b><br><br>FD: ANCHORVALE CC | 20       | 21     |
| 22<br>FD: GEK POH VILLE CC | 23<br>FD: PASIR RIS ELIAS CC | 24<br>FD: BISHAN NTH CC   | 25<br>FD: MACPHERSON CC              | 26<br>FD: SREE NARAYANA<br>MISSION                | 27       | 28     |
| 29                         | 30                           |                           |                                      |   |          |        |

**MAY 2019**

**Monthly Schedule for Mobile Community Health Centre (CHC)**



| Monday   | Tuesday                      | Wednesday   | Thursday                          | Friday                          | Saturday | Sunday                 |
|--|------------------------------|---|-----------------------------------|---------------------------------|----------|------------------------|
|  |                              | 1<br><b>Labour Day</b><br><br>FD: GEYLANG WEST CC | 2<br>FD: BISHAN CC                | 3<br>FD: HONG KAH NTH CC        | 4        | 5                      |
| 6<br>FD: BUKIT BATOK CC                              | 7<br>FD: WOODLANDS CC        | 8<br>FD: PRIVATE BOOKING                          | 9<br>FD: SERANGOON CC             | 10<br>FD: TOA PAYOH CTR CC      | 11       | 12                     |
| 13<br>FD: KOVAN HUB                                  | 14<br>FD: SENJA-CASHEW CC    | 15<br>FD: GEYLANG WEST CC                         | 16<br>FD: PAYA LEBAR WELLNESS CTR | 17<br>FD: ANCHORVALE CC         | 18       | 19<br><b>Vesak Day</b> |
| 20<br><b>Vesak Day Holiday</b><br><br>FD: WHAMPOA CC | 21<br>FD: PUNGGOL CC         | 22<br>FD: PRIVATE BOOKING                         | 23<br>FD: MACPHERSON CC           | 24<br>FD: SREE NARAYANA MISSION | 25       | 26                     |
| 27<br>FD: GEK POH VILLE CC                           | 28<br>FD: PASIR RIS ELIAS CC | 29<br>FD: BISHAN NTH CC                           | 30                                | 31                              |          |                        |

**JUNE 2019**

**Monthly Schedule for Mobile Community Health Centre (CHC)**



| Monday                     | Tuesday                      | Wednesday  | Thursday                          | Friday                          | Saturday | Sunday |
|----------------------------|------------------------------|--|-----------------------------------|---------------------------------|----------|--------|
|                            |                              |  |                                   |                                 | 1        | 2      |
| 3<br>FD: BUKIT BATOK CC    | 4<br>FD: WOODLANDS CC        | 5<br>Hari Raya Puasa<br><br>FD: GEYLANG WEST CC    | 6<br>FD: BISHAN CC                | 7<br>FD: HONG KAH NTH CC        | 8        | 9      |
| 10<br>FD: KOVAN HUB        | 11<br>FD: SENJA-CASHEW CC    | 12   | 13<br>FD: SERANGOON CC            | 14<br>FD: TOA PAYOH CTR CC      | 15       | 16     |
| 17<br>FD: WHAMPOA CC       | 18<br>FD: PUNGGOL CC         | 19<br>FD: PRIVATE BOOKING                          | 20<br>FD: PAYA LEBAR WELLNESS CTR | 21<br>FD: ANCHORVALE CC         | 22       | 23     |
| 24<br>FD: GEK POH VILLE CC | 25<br>FD: PASIR RIS ELIAS CC | 26<br>FD: BISHAN NTH CC<br><br>FD: PRIVATE BOOKING | 27<br>FD: MACPHERSON CC           | 28<br>FD: SREE NARAYANA MISSION | 29       | 30     |